



Seek His Face

In the past few years I have dedicated significant amounts of time searching for the secret formula to success: the pattern, structure or routine that would allow me to keep my life somewhat in control. I read through Real Simple magazines, signed up for web tips from “Flylady.com”, poured over the Ikea magazine for organizing tips and ideas and strategized the use of online shopping lists and calendars etc. etc. etc.

There are lots of good ideas out there, but I found that the more I tried to chase control, the more elusive it became. I often found myself fighting a rising sense of panic. As I placed my focus on what needed to be accomplished, I became increasingly aware of the fact that it would never be all done.

I had varying degrees of success at different times, but the struggle came to a head a few years ago when faced with a difficult series of events. As I fought for equilibrium in situations beyond my control I found my secret formula and it is pictured below:



Look closely and you will see my living room couch, my fireplace, my bible, my prayer journal and my pen. Often there is a cup of coffee present as well.

This is where my days start and end, and where I go in the afternoons or evenings when panic or exhaustion begins to surface.

It is in this spot that I pour out my heart in prayer, search through God’s word, and listen and wait for His response. This is where I have learned, personally, that seeking Him first is the only formula for peace and perspective that will stand the test of time in the midst of a world in which we have very limited control.

*“Though an army besiege me, my heart will not fear; though war break out against me, even then will I be confident. **One thing I ask of the LORD, this is what I seek: that I may dwell in the house of the LORD all the days of my life, to gaze upon the beauty of the LORD and to seek him in his temple. For in the day of trouble he will keep me safe in his dwelling; he will hide me in the shelter of his tabernacle and set me high upon a rock.**” Psalms 27:3-5*

*Glory in his holy name; let the hearts of those who seek the LORD rejoice. **Look to the LORD and his strength; seek his face always.** Psalm 105:3-5*

*For the pagans run after all these things, and your heavenly Father knows that you need them. But **seek first his kingdom** and his righteousness, and all these things will be given to you as well. Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own. Matthew 6:32-34.*

Before we engage with the worries of the world, join me in seeking His face and His perspective.

Blessings to you today,

Kristal Toews