



she loves

Devotional
February 11, 2010

WHO IS IN CONTROL?

Dear Friends,

I am coming to realize more and more how much we are the children of Adam and Eve. What got them to disobey God was the enticement of becoming like him in knowing everything. You might respond by saying, "I know I'm not God!" But are your actions and words confirming this?

During this last weekend I awoke a couple of nights in a row and the worries began. Even reciting Scripture did not seem to settle my mind enough for me to return to a restful sleep. By Tuesday morning, I was crying out to God to give me some measure of understanding about why I was, once again, so down on myself. As I was driving to the church I saw on the horizon (it's 5:30am), a golden sliver of the moon, perfectly shaped, perfectly visible. Immediately I understood. I only see and understand a part of the truth in the circumstances I am living in and its driving me crazy. How arrogant for me to think that I can and should know everything. Do I think I am God? Only God can and does have the full understanding of these situations in my life, only God can and does know the full truth.

During this week's lesson at Freedom Session (steps for recovering from pain), we were asked to make this commitment:

- ✓ I will **STOP** pretending I am God.
 - I will let God determine what is best for me and how I should live.
 - I will let God determine what is best for others and how they should live.
 - I will give up the illusion that I can control my environment.

Any control freaks out there? And I'm not talking about your sister, or boss, or mother, or ...

A line from Freedom Session – *If you always need to be in control, you are out of control.*

Maybe we think we have to control everything because we don't think God is doing a very good job of controlling things???

The Bible uses the expression "Sovereign Lord" almost 300 times. Below is one example of what it looks like that God is sovereign.

Psalm 139:1-6

1 O Lord, you have examined my heart and know everything about me.

2 You know when I sit down or stand up. You know my thoughts even when I'm far away.

3 You see me when I travel and when I rest at home. You know everything I do.

4 You know what I am going to say even before I say it, Lord.

5 You go before me and follow me. You place your hand of blessing on my head.

6 Such knowledge is too wonderful for me, too great for me to understand!

Have you been playing God? My challenge to you is to read through some of those 300 Bible verses that talk about the Sovereign Lord. See if you measure up.

Blessings to you as come to understand more and more who God is and who you are.

Bev



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